

SWIM TEAM – Frequently Asked Questions

Are practices held on days of a meet?

Yes. Regular morning practice will be held on days of a meet.

What are procedures for a meet?

- Coaches will choose swimmers for each event according to their times and the needs of the team.
- The meet line up will be posted at the Thursday practice before the meet.
- **Swimmers who must miss practice the morning of a meet but wish to swim in the meet must inform the Head Coach beforehand.**
- All swimmers 10 and younger must be accompanied by an adult at meets.
- Parents of 8 and younger team members must make certain that their swimmers are with their group and Parent Helper **OR** are with you, at all times during the meet. Meets can be very confusing for the younger ones

What is the order of events at a meet?

Boys first in each age group, then girls. Youngest to oldest in each event.

Event order:

1. Medley Relay
2. Freestyle
3. Breaststroke
4. Backstroke
5. Butterfly
6. Individual Medley
7. Free Relay

Where do I get team suits?

The team suit is optional. They can be ordered from Kast-A-Way who provides us a team discount. Kast-A-Way representatives will attend our registration if you'd like to order there. Or you can visit their store at 9356 Cincinnati-Columbus Road (exit 275 West at Sharonville). Turn right (north) and keep on driving! Their phone number is 777-7967 or 1-800-543-2763. You also can order online following these steps:

- Log onto kastawayswimwear.com
- Click in TEAMS in upper right corner
- Enter the username KENWOOD
- Enter the password GATORS

Some boys prefer jammers while others prefer the briefs. Either is fine. Photos of each are available online.

What if the weather is bad?

If it is pouring rain and/or there is lightening, practice will be cancelled. If you are unsure, please call the club (791-0949). The manager and coaches make the decision. Meets may be delayed, but are **rarely** cancelled due to weather. Always arrive on time unless you hear otherwise from coaches or staff.

When do we arrive for meets?

Home meets: arrive by 5:45 pm. Warm ups are from 6:00 to 6:30.

Away meets: arrive by 6:15 pm. Warm ups are from 6:30 to 7:00.

All swim meets begin at 7pm.

How long do meets last?

Good question! Swim meets begin at 7pm and usually end by 10 or 10:30. If we swim against large teams, or have a weather delay, the meet can last longer. Occasionally a meet will end earlier than stated above, but don't count on it. Going to Skyline in Kenwood after each meet is a tradition, but certainly not a requirement!

Where can I find driving directions?

Directions for all meets are on our website www.kenwoodswimclub.com. An email is usually sent before each meet that will also include directions.